

Sample daily programme-Focusing School 2025

Based on previous schools this is what we expect the daily programme will look like, however we will be updating this nearer the time

	Wed 20 th Aug	Thurs 21 st Aug	Fri 22 nd Aug	Sat 23 rd Aug	Sun 24 th Aug
8.30-9.15		Breakfast	Breakfast	Breakfast	Breakfast
9.30-10	Arrivals	Morning attunement and notices	Morning attunement and notices	Morning attunement and notices	Morning attunement and notices
10-1pm	Arrivals	Morning Session 1	Morning Session 2	Morning Session 3	Morning Session 4
1-2pm	Start with Lunch	Lunch	Lunch	Lunch	End with lunch
2.30-3.45	Time for focusing partnerships	Time for focusing partnerships	Time for focusing partnerships	Time for focusing partnerships	
4-6pm	Afternoon workshops	Afternoon workshops	Afternoon workshops	Afternoon workshops	
7-7.30 pm	Dinner	Dinner	Dinner	Dinner	
8-9.30 pm	Welcome and opening	Evening event Talent show	Evening event Talent show	Sharing circle	